

Sedentariness (Adults)

Sedentariness (Adults)

- Most recent data (2014): 15% or about 225,600 King County adults age 18+.
- Trend over time: 2000-14: flat
- Description: Did not participate in any physical activity during the past month
- Healthy People 2020 Goal: 33% or lower

Sedentariness (adults), King County, 2010-2014 average

	Percent	Lower CI	Upper CI
King County (adults age 18+)	16	15	17
AGE			
18-24	13	11	17
25-44	16	14	17
45-64	16	15	17
65+	21	19	23
GENDER			
Male	16	15	18
Female	16	15	17
RACE/ETHNICITY			
AIAN	25	16	36
Asian	18	15	21
Black	25	21	31
Hispanic	26	22	31
Multiple	13	9	19
NHPI	18	10	31
White	14	14	15
HOUSEHOLD INCOME			
<\$15,000	25	21	30
\$15,000 to \$24,999	23	20	26
\$25,000 to \$34,999	22	19	26
\$35,000 to \$49,999	18	15	22
\$50,000 to \$74,999	13	11	16
\$75,000+	11	9	12
REGION			
East	13	12	15
North	12	10	15
Seattle	13	12	15
South	21	19	23
STATE			
Washington State	19	19	20

Comparisons:

- Higher than King County rate (yellow)
- Lower than King County rate (green)

Notes:

Source: Behavioral Risk Factor Surveillance System.

Prepared by Public Health - Seattle & King County, APDE, 07/2016.

N/A: Not available.

CI is 95% Confidence Interval.

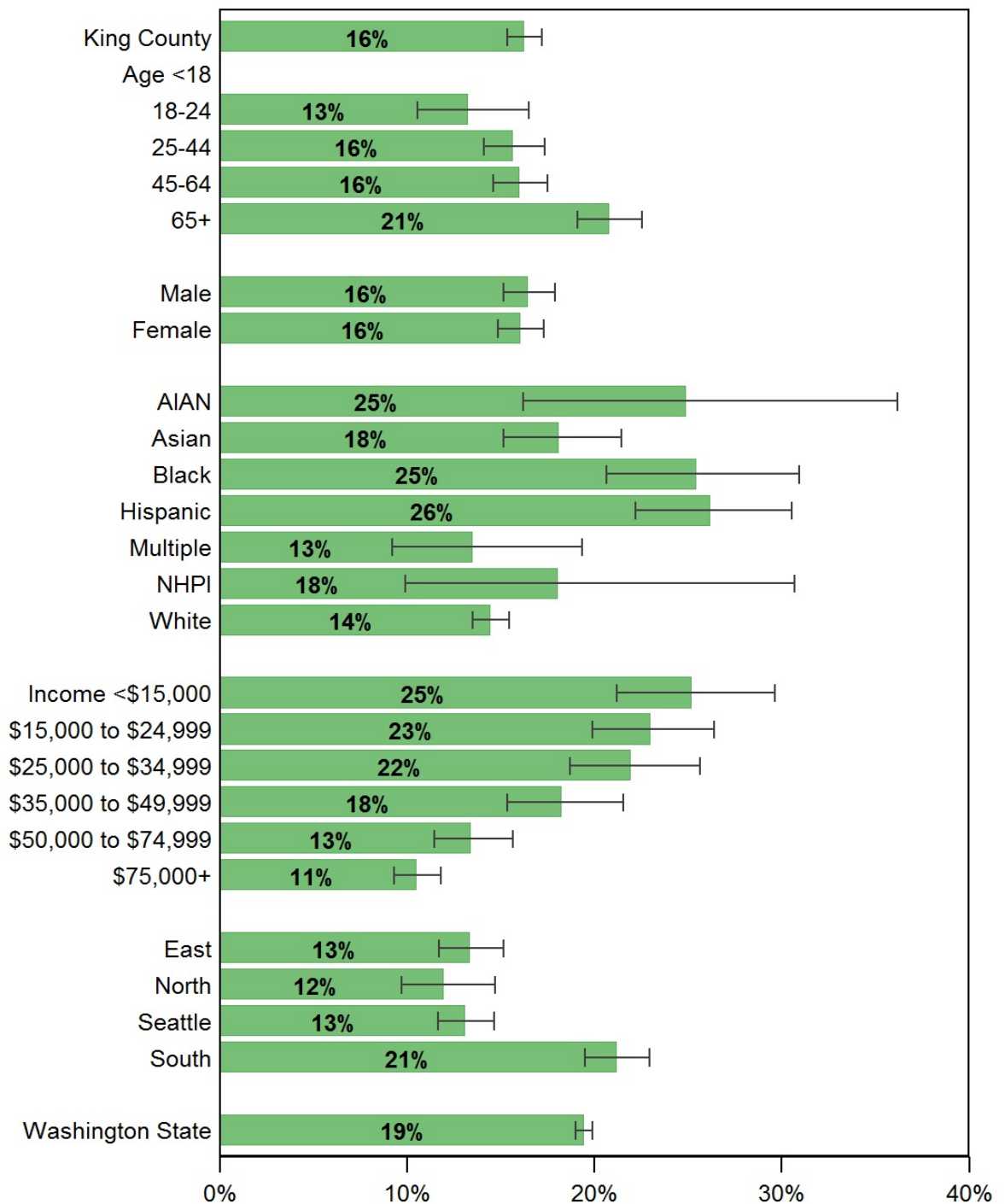
* Too few cases to protect confidentiality and/or report reliable rates.

§ Too few cases to meet precision standard, interpret with caution.

Persons of Hispanic ethnicity can be of any race and are included in the racial categories.

Sedentariness (adults)

King County, 2010-2014 average



Source: Behavioral Risk Factor Surveillance System.

Prepared by Public Health - Seattle & King County, APDE, 07/2016.

[-----] Confidence interval shows range that includes true value 95% of the time.

* Too few cases to protect confidentiality and/or report reliable rates.

§ Too few cases to meet precision standard, interpret with caution.

Persons of Hispanic ethnicity can be of any race and are included in the racial categories.

Sedentariness (adults) by health reporting areas, King County, 2010-2014 average

	Percent	Lower CI	Upper CI
King County (adults age 18+)	16	15	17
Auburn	21	16	26
..Auburn-North	18	13	25
..Auburn-South	24	16	34
Bear Creek/Carnation/Duvall	11	8	16
Bellevue	17	13	21
..Bellevue-Central	18	12	26
..Bellevue-NE	20	14	29
..Bellevue-South	12 §	6 §	21 §
..Bellevue-West	16	9	25
Black Diamond/Enumclaw/SE County	21	16	27
Bothell/Woodinville	12	8	18
Burien	29	22	36
Covington/Maple Valley	17	11	24
Des Moines/Normandy Park	23	17	31
East Federal Way	19	13	27
Fairwood	25	15	38
Federal Way	20	15	26
..Fed Way-Central/Military Rd	20	13	28
..Fed Way-Dash Point/Woodmont	22	15	30
Issaquah	15	9	25
Kenmore/LFP	11	7	16
Kent	20	16	25
..Kent-East	18	12	28
..Kent-SE	23	18	30
..Kent-West	14	8	24
Kirkland	12	9	17
..Kirkland	13	8	20
..Kirkland North	11	7	17
Mercer Isle/Pt Cities	9 §	5 §	16 §
Newcastle/Four Creeks	14	8	23
North Highline	22	13	35
Redmond	15	10	22
Renton	19	15	24
..Renton-East	20	13	31
..Renton-North	16	10	24
..Renton-South	20	14	27
Sammamish	9	6	15
SeaTac/Tukwila	29	22	38
Seattle	13	12	15
..Ballard	10	7	14
..Beacon/Gtown/S.Park	18	12	28
..Capitol Hill/E.lake	11	7	18
..Central Seattle	13	8	19
..Delridge	20	13	29
..Downtown	18	12	26
..Fremont/Greenlake	6	4	10
..NE Seattle	9	5	16
..North Seattle	16	12	22
..NW Seattle	13	9	18
..QA/Magnolia	7	4	11
..SE Seattle	29	22	38
..West Seattle	10	7	14
Shoreline	13	9	17
Snoqualmie/North Bend/Skykomish	11	8	16
Vashon Island	12 §	6 §	22 §

Comparisons:

Higher than King County rate (yellow)

Lower than King County rate (green)

Notes:

Source: Behavioral Risk Factor Surveillance System.

Prepared by Public Health - Seattle & King County, APDE, 07/2016.

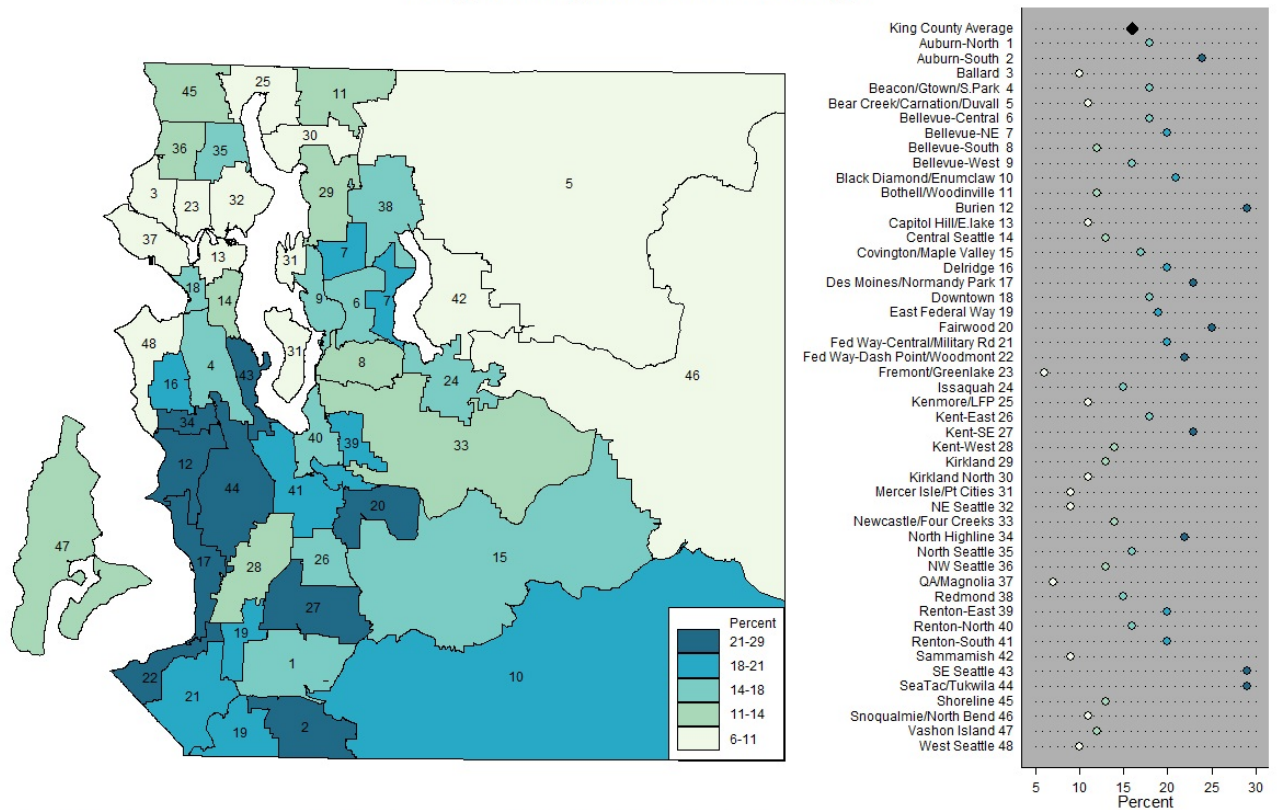
CI is 95% Confidence Interval.

* Too few cases to protect confidentiality and/or report reliable rates.

§ Too few cases to meet precision standard, interpret with caution.

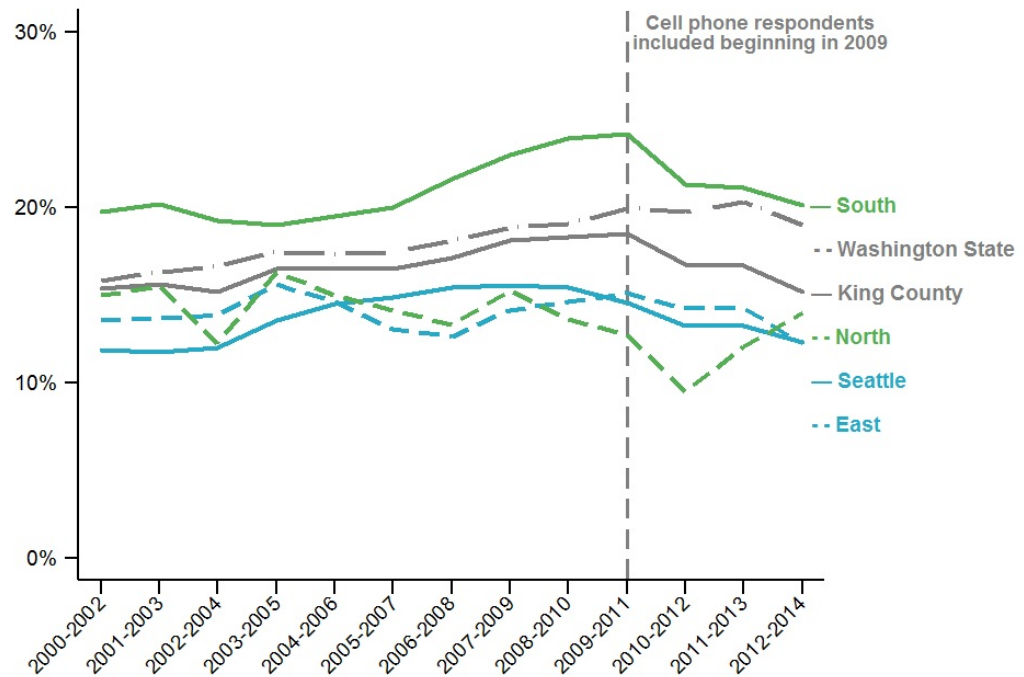
Persons of Hispanic ethnicity can be of any race and are included in the racial categories.

Sedentariness (adults) by health reporting areas King County, 2010-2014 average



Note: HRA labels on the map match the chart on the right, listed in alphabetical order
Source: Behavioral Risk Factor Surveillance System.
Prepared by Public Health - Seattle & King County, APDE, 07/2016.

Sedentariness (adults) **King County, 2000-2014, three-year rolling averages**



Trends over time: King County (2000-14: flat); East KC (2000-14: flat); North KC (2000-14: flat);
 Seattle (2000-08: rising; 2008-14: flat); South KC (2000-14: flat); Washington State (2000-14: rising)
 Source: Behavioral Risk Factor Surveillance System.
 Prepared by Public Health - Seattle & King County, APDE, 07/2016.

Produced by the
 Assessment, Policy Development & Evaluation Unit
 Public Health - Seattle & King County
 07/16